



Bethells Beach Cottages

Weddings, Functions, & Health Sanctuary and Rejuvenation



Health Sanctuary and Rejuvenation

"To be Experienced with your Soul"

Located above the stunning black sands of Bethells Beach, *Bethells Beach Cottages* is a sanctuary to rejuvenate your mind, body and soul. Unwind from the stresses of life and take time for yourself, and each other. Book both cottages for a group pamper weekend with your family or friends. **Gift Vouchers Available.**

PERSONALISED RETREATS

With the stresses of modern day life it's easy to lose sight of who we are and what we want.

Plan your own rejuvenation activities based on your needs with the loving guidance of our highly skilled therapists and practitioners.

Treatments given in the privacy of your own cottage. Minimum duration 60 minutes.

*Well-being of the
body, mind and spirit*

Together with our leading edge team of therapists and practitioners, allow us to create the ideal experience for you. Prices for these services available upon request.

Options:

- ⌘ Mentoring with Trude Bethell-Paice
- ⌘ Life and Love Coaching with Brigitte Lorenz
- ⌘ Aura Balancing and Aura Soma with Sue Beasley
- ⌘ Tai Chi with Di McDonald
- ⌘ 'Tuning Into Your Daily Body & Mind's Needs' Session with Trude Bethell-Paice
- ⌘ Massage and Seaweed Body Wraps with Sue Beasley
- ⌘ Therapeutic Conversations with Marguerite Laing

*So do something special for yourself,
your family, your team, clients or
someone you love...
Come to Bethells Beach Cottages
Health Sanctuary and Rejuvenation
and discover the many secrets to
realigning the body and mind
to reconnect with the soul.*

Corporate Burnout Rescue Remedy

Give your mind, body and soul a rejuvenating space to make changes, unwind and request these within yourself.

\$850+GST for two chilled out guests which includes:

- ⌘ 2 Nights Accommodation
- ⌘ Sumptuous breakfasts in the privacy of your cottage
- ⌘ Private Tai Chi Class
- ⌘ 'Tuning into your Daily Body and Mind's Needs'
- ⌘ 2 One Hour Massages
- ⌘ Scandinavian Hot Tubs at your Leisure
- ⌘ Complimentary Bottle of Rescue Remedy

Romance for Two

Join joy, passion and understanding together with rejuvenated and open minds for life long requests.

\$790+GST for two luxuriated guests which includes:

- ⌘ 2 Nights Accommodation
- ⌘ 2 Seaweed Body Wraps and Full Body Luxury Massages
- ⌘ Bottle of Deutz
- ⌘ Scandinavian Hot Tubs

... and don't forget a long sunset walk on the beach when all that matters is your connection with nature and each other

Popular Retreat Options



Let's Elope

Prior to your wedding ceremony...Individual needs are met with deep intentions while under the influence of relaxation.

\$945+GST for the bride and groom which includes:

- ⌘ 2 Nights Accommodation
- ⌘ 2 Full Body Massages
- ⌘ 2 hr "Preparation for a Life of Love" consultation with Brigitte our relationship coach
- ⌘ Bottle of Deutz
- ⌘ Scandinavian Hot Tub Soaks
- ⌘ Grounding nature walks to relax the mind
- ⌘ Other relaxation therapies optional

The Ultimate Pamper

Have no expectations, freedom will take over and total pampering will begin.

The ultimate gift of appreciation.

\$930+GST for two pampered guests which includes:

- ⌘ 2 Nights Accommodation
- ⌘ 2 Full Massage and Seaweed Body Wraps
- ⌘ Bottle of Deutz – "pure bubbles and relaxing taste to the toes"
- ⌘ Sumptuous breakfasts in the privacy of your cottage
- ⌘ Private Tai Chi Class
- ⌘ 'Tuning into your Daily Body and Mind's Needs'

NOTE: Prices based on 1-2 people for 2 nights in the Turehu Cottage or Wairua Apartment. For longer stays, more people, or for the larger Te Koinga Cottage, please request a quote. Special group pricing is available upon request. All meals can be catered for groups of 6 or more.